

2020 Wellness Program

Welcome to the Laborers' District Council of Western PA Welfare Fund 2020 Wellness Rewards Program. Review this flier for important details about completing your program. Your program will continue to be administered by Sharecare, a personalized health and wellness platform.

Want to Get Your In-Network Deductible Waived?

There are Two Required Activities to Complete the 2020 Wellness Rewards Program

Activity 1: Complete the Sharecare RealAge Test

If you already registered for Sharecare as part of last year's wellness program, you don't need to re-register, but you will need to re-take the RealAge Test to earn credit. If haven't registered for Sharecare yet, visit mycare.sharecare.com to set up your account (have your Highmark member ID ready) and take the RealAge Test. More detailed instructions are on the reverse side.

Activity 2: Complete a Preventive Exam

Earn credit by completing your regular preventive exam. The exam must include blood pressure, height/weight and lipid panel or routine cholesterol or fasting blood glucose.

You and your covered spouse (if applicable) must voluntarily complete the wellness requirements by September 30, 2020.

By completing the requirements by September 30, 2020, your in-network deductible will be waived.

