

Complete Your Wellness Requirements By September 30, 2020!

To have your 2021 in-network deductible waived or reduced, you and your spouse must each voluntarily complete the Sharecare RealAge Test by September 30, 2020.

Physical Exam and Lab Work

Because of the COVID-19 pandemic, non-essential medical services such as the wellness physical exam and lab work may be difficult to receive. **For the year 2020 only**, you and your spouse will not be required to have the physical exam and lab portion of the wellness requirements. This portion of the wellness requirements **WILL AGAIN BE REQUIRED FOR COMPLETION in 2021** along with the completed RealAge Test to have your deductible waived or reduced.

YOU AND YOUR SPOUSE MUST COMPLETE THE REALAGE TEST BY SEPTEMBER 30, 2020 TO HAVE YOUR DEDUCTIBLE WAIVED OR REDUCED IN 2021.

How to Complete the Sharecare RealAge Test

Visit mycare.sharecare.com to get started.

Please note: In order to receive credit for taking the Sharecare RealAge test, you and your spouse **MUST** register with separate email addresses and passwords and take the RealAge test on mycare.sharecare.com (NOT sharecare.com) from a mobile phone browser or desktop. **You will not receive credit if you take the RealAge test on sharecare.com.** If you and/or your spouse have already registered and/or taken the RealAge test on sharecare.com, you **MUST** visit mycare.sharecare.com and log in with the same email and password to set up your correct Laborers account. Once you do this and set up your correct Laborers account, the RealAge test results that you completed on sharecare.com will be transferred to the correct account and you will then earn credit. If you want to request a paper version of the RealAge test, call Sharecare at 1-800-858-9063 and be sure you are registered by Sharecare at the time of your request. Mail the completed paper version with required signature by August 15, 2020 to ensure you receive timely credit.